



## Harrogate Accommodates The Needs Of Their Residents



LifeCare Living at Its Very Best!

1-888-551-5531

[www.harrogate-lifecare.org](http://www.harrogate-lifecare.org)



Welcoming Entrance of Harrogate

PRESENTED BY:  
HARROGATE LIFE CARE

“... the Warmth and Feeling of Home Surrounded Me”

Sometimes life can present some of us with such challenges we hardly know how to meet them; but we are determined and anxious to conquer. We only know we must, in some small way, succeed in our earnest desire to have a life that is filled with happiness and self-worth no matter how the world may perceive our shortcomings. Many say this builds character; others suggest there are those who



Catherine Reams

are unable to accept and spend a life of despair and self-pity. This is a story about a person who rose above what life gave her and became an individual that embodies strength, grace, charisma and a quiet beauty that people have come to know and love.

While visiting her grandparents in Virginia at the age of 13, Catherine Reams contracted polio. At the time, Virginia was extremely hard hit with the polio epidemic. Catherine was diagnosed in a Lynchburg hospital and immediately sent to a hospital in Richmond, Virginia. She was in an iron lung for 3 months receiving a variety of treatments in hopes of improving her health and mobility. The treatments consisted of stretching exercises, massage and muscle stimulation. Eventually, Catherine wore two leg braces and then only one brace was required so she could walk.

Catherine maintained a career as an administrative assistant for thirty-one years and enjoyed sharing a home with her parents. When she lost her parents, she decided to search for a continuing care retirement community that would accept a person with her personal challenges. In 1998, she fell and broke her leg. She already used a leg brace and now a plate needed to be inserted hampering her mobility even more. While living with her parents, Catherine used a lift and “track” transfer system in the house. This system enabled Catherine to be transferred from her bed to the bathroom.

It was imperative Catherine find a community that would be able to accommodate her special needs while offering all the amenities she desired. Several facilities informed her she would not be considered a candidate as a resident. But when Catherine entered the beautiful lobby at Harrogate, the warmth and feeling of home was so strong her mind was almost immediately made up; Harrogate would be her new home. The overall atmosphere was homelike and welcoming. She was greeted warmly; everyone was friendly, pleasant, and they made her feel so very comfortable.

Harrogate hired an engineer to determine what was needed to properly install her SureHands Lift and Care system. A contractor then installed a new beam to support the system. The rack system was installed by the company, and doorways were widened by Harrogate to facilitate easy access for Catherine.

Now that Catherine has been living at Harrogate for 3 years, she feels happy that her first impressions were correct. What impresses

her the most: always having a choice of menu items that are not only delicious but nutritious, as well. Friends are in abundance, and there are always a variety of activities that Catherine is able to enjoy. The icing on the cake; the staff is knowledgeable in their jobs and always willing to help. The fact that so many employees have worked at Harrogate for many years says so much about the management. Catherine also likes the fact the building is secure and assistance is available at a moment's notice.

Catherine is active in the Ocean County Post Polio Support Group, [www.tomsrivernjpolio.org](http://www.tomsrivernjpolio.org), a group who continues to fight for insurance that will pay for the necessary equipment needed to live a comfortable life.

Visit us at our website:  
[www.harrogate-lifecare.org](http://www.harrogate-lifecare.org)  
or call 1-888-551-5531 ext. 6292  
for more information.

Residents enjoy one of the many activities offered by Harrogate



The Harrogate Lifestyle is a unique blend of warmth, intimacy and friendships. You will be surrounded by mature trees and landscaping, natural areas, walking paths, flowers and vegetable gardens. Harrogate is truly “in the heart of it all.” Whether your interests lie with the excitement and cultural diversity of New York City, the non-stop action of Atlantic City, the deep-rooted history that Philadelphia offers, or the water fun, soft ocean breezes and sandy beaches of the Jersey Shore, Harrogate's location is ideal.

The Harrogate community is diversified, both professionally and personally. These dynamics create a neighborhood of interesting people whose goal is to enjoy life to the fullest while enriching the lives of others.

Harrogate offers 275 thoughtfully designed apartment homes with styles that range from studios to two bedrooms with two baths. Every charming home offers a spacious patio or balcony, fully-equipped kitchens, as well as individual storage areas. Ample parking, private garages, and gardening areas are available. Nestled among 47 private acres, Harrogate is conveniently located only moments to shopping, banking, entertainment, dining and health care services.

Don't wait another day to see for yourself why LifeCare™ living at Harrogate is a sound financial decision and so much more!

Feel the warmth of Harrogate once you step into our beautiful lobby.



A view from the kitchen into the living and dining area in Harrogate's beautiful one bedroom apartment home

Our relaxing patio lounge is the perfect getaway on comfortable weather days.

