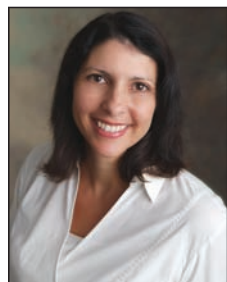


Shopping Around For Home Care?—Here's What To Ask



ANGELA CRIPPEN AND JEANNE CHIARADIO
SYNERGY® HOMECARE

When shopping around for a non-medical home care provider, you are inviting someone into your home. You should always ask the following questions—and expect to hear the corresponding answers—to ensure that you or a loved one is going to receive the highest quality home health care to meet your individual needs.

service people with sports injuries, adults injured on the job (workman's comp), parents needing help with a disabled or ill child, expectant and recovering mothers, and many, many more.

Q How do you screen your caregivers?

A Our caregivers go through a thorough interview process, National background check, and reference check to ensure that they are the right person for the Synergy HomeCare care TEAM.

Q Do you cover all employee taxes, Worker's compensation, and unemployment insurance?

A Yes. Synergy HomeCare is the employer of all of the caregivers, so you do not need to worry about handling those details.

Q What is the cost associated with services?

A The cost of the services varies, as each person is different and

has different needs. Our rates are based on your needs, so you are only paying for what you need.

Q Am I committed to service through a contract for a specified period?

A No. Synergy HomeCare never requires that you sign a contract for a specific period of time.

Q Is your agency bonded, insured and licensed by the State of New Jersey?

A Absolutely!

Q Is the owner/operator involved in the day-to-day operations?

A Yes. The owner/operators are just as committed to your care and well-being as everyone in their staff. On any given day, they will be in the office or out in the field making sure their clients are safe and happy.

Q Does your agency offer any value added benefits to your clients and their families?

A Synergy Home Care offers an Online LifeTime Learning Program. Courses are user friendly and 100% online. You'll find a full range of topics from healthy nutrition, to safety, to managing Alzheimer's dis-

ease and every course is completely free to you as a Synergy HomeCare client or family member. Synergy HomeCare also offers a free Medical Alert system to qualified clients.

Synergy HomeCare's CareTEAM provides no-cost, no-obligation, in-home assessments to determine the best level of care for individuals. The in-home assessment is designed as an opportunity for prospective customers to openly ask about Synergy HomeCare services and costs.

Stay Independent In Your Own Home

At Synergy HomeCare, we provide personal assistance and thoughtful care to people right in their own homes. Depending on the need, we can provide hourly, daily or weekly service to seniors, the convalescing, and the disabled, or anyone else who needs help with daily living activities.

Our Caregivers Provide:

- Companionship
- Light Housekeeping
- Medication Reminders
- Incidental Transportation
- Meal Preparation
- Respite Care
- Personal Care & Bathing



Now You Have Options

For More Information or a No Cost In-Home Consultation, Call Today

Hammonton - 609-561-4306 • Marmora - 609-486-6627
877-325-6049

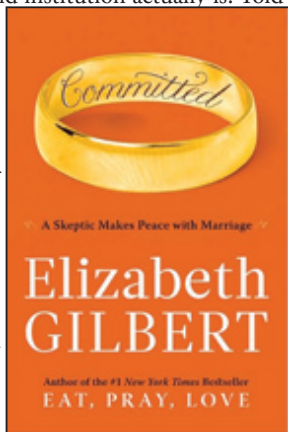
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Atlantic County Woman's Book Corner - Book Reviews

Committed

From the Publisher . . . At the end of her bestselling memoir *Eat, Pray, Love*, Elizabeth Gilbert fell in love with Felipe, a Brazilian-born man of Australian citizenship who'd been living in Indonesia when they met. Resettling in America, the couple swore eternal fidelity to each other, but also swore to never, ever, under any circumstances get legally married. (Both were survivors of previous bad divorces. Enough said.) But providence intervened one day in the form of the United States government, which—after unexpectedly detaining Felipe at an American border crossing—gave the couple a choice: they could either get married, or Felipe would never be allowed to enter the country again. Having been effectively sentenced to wed, Gilbert tackled her fears of marriage by delving into this topic completely, trying with all her might to discover through historical research, interviews, and much personal reflection what this stubbornly enduring old institution actually is. Told with Gilbert's trademark wit, intelligence and compassion, *Committed* attempts to “turn on all the lights” when it comes to matrimony, frankly examining questions of compatibility, infatuation, fidelity, family tradition, social expectations, divorce risks and humbling responsibilities. Gilbert's memoir is ultimately a clear-eyed celebration of love with all the complexity and consequence that real love, in the real world, actually entails.



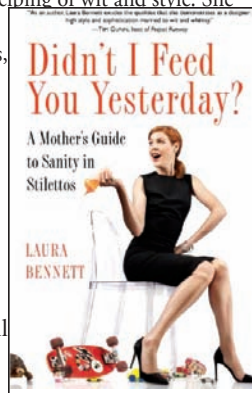
Didn't I Feed You Yesterday?

Laura Bennett is not a soccer mom or a PTA mom or a helicopter mom—and she's certainly not mother of the year. Another breed of mother entirely, Laura is surely more Auntie Mame than June Cleaver. As a busy mother of six, Laura is on an impossible mission: raising a brood of fast-moving, messy, wild sons in the jungles of Manhattan. So what other choice does she have than to sit back, grab a martini, and let the boys be, er, boys?

Laura gives her irreverent take on modern motherhood and proves that a strong sense of humor and an even stronger sense of self are the mother's milk of sanity. In a series of refreshingly candid and hilarious anecdotes, she unapologetically breaks every rule in the Brady Bunch playbook: She gives her kids junk food, plays favorites, and openly admits to having “a genetic predisposition to laissez-faire parenting.” Children, she observes, don't need constant supervision from neurotic, perfectionist parents. Allow kids to make mistakes and entertain themselves and they'll turn out just fine—even if you do sometimes forget to pick them up from school.

Beyond the mayhem of a life among males, Laura celebrates the glories of womanhood with a generous helping of wit and style. She gives thanks to the fashion gods for the essentials—red lipstick, Manolo Blahniks, and Lycra shapewear—but reminds us that true style comes from an inner compass that points directly at oneself. In every aspect of life, Laura gives one simple, powerful piece of advice: “Dress like you want it or stay home.”

Brutally honest, outrageous, and sure to raise a few eyebrows, *Didn't I Feed You Yesterday?* is a riotously funny read—and it'll go fabulously well with your new handbag.



Shelter Me

Four months after her husband's death, Janie LaMarche remains undone by grief and anger. Her mourning is disrupted, however, by the unexpected arrival of a builder with a contract to add a porch onto her house. Stunned, Janie realizes the porch was meant to be a surprise from her husband—now his last gift to her.

As she reluctantly allows construction to begin, Janie clings to the familiar outposts of her sorrow—mothering her two small children with fierce protectiveness, avoiding friends and family, and stewing in a rage she can't release. Yet Janie's self-imposed isolation is breached by a cast of unlikely interventionists: her chattering, ipecac-toting aunt; her bossy, over-manicured neighbor; her muffin-bearing cousin; and even Tug, the contractor with a private grief all his own.

As the porch takes shape, Janie discovers that the unknowable terrain of the future is best navigated with the help of others—even those we least expect to call on, much less learn to love.

