



# Is Your Loved One Safe At Home?

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In order to help eliminate accidents in the home, it is helpful to identify the common causes of those injuries.

**T**he five most common types of accidents in the home include: falls, burns, poisoning, choking and cuts.

Falls are typically caused by an unsafe environment or loss of abilities. Falls are most common among the elderly and the elderly are most often more seriously injured because of their more fragile bones. A common injury from a fall would be a hip or shoulder fracture. The factors that increase the individual's risk of falls include: clutter, throw rugs, exposed cords, slippery or uneven floors, poor lighting, loss of vision, gait or balance concerns and disorientation.

Liberty Healthcare Services is always looking for ways to make patients safer at home. Patients often fall at home and these falls can cause permanent disabilities. One of the best ways to eliminate falls is to eliminate the factors that contribute most often

to those falls. In an effort to help eliminate these factors, Liberty Healthcare Services has begun offering a home safety evaluation to the community. If you or someone you know may be at risk for injuries in the home, consider having one of Liberty's nurses evaluate your home for safety concerns and offer suggestions for making your environment safer.

Liberty has also begun a Safe at Home program for patients being discharged from the hospital. This program consists of a Registered Nurse coming to the patient's home and doing a home safety assessment, a full nursing assessment including medication review and 9 hours of certified home health aide care over 3 days. This service can allow recently hospital-

ized patients and their families to rest assured that the patient is safe in the home and on the road to remaining that way! Areas of the home that could prevent a fall hazard include the living room, bathroom, bedroom and kitchen. For information on the Safe at Home program please call 609-927-4959.

If you are looking for home care services take the time to interview the company you are considering to ensure that they are utilizing Certified Home Health Aides. Liberty Healthcare Services utilizes only CHHA for homecare. Liberty also offers the needed course to become a CHHA. Being a CHHA is a challenging and rewarding position. There is a great deal of responsibility placed on the CHHA. They are the eyes and



ears of the nurse and doctor; they are the spokesperson and liaison for the patient and often represent the family members who are not able to attend important meetings or events in the client's life. CHHAs are a gift to the clients they care for and are rewarded many times over for their dedication to helping others.

For persons interested in becoming a CHHA please call Liberty at: 609-927-4959.

Liberty Healthcare Services is a home care agency that has 5 offices serving all of New Jersey. Further information can be found on our website [www.lhshomecare.org](http://www.lhshomecare.org) or by calling 1-866-540-1547.

About Liberty Healthcare . . . Owned by Kevin Zepp, he brings an extensive healthcare background to Liberty and continues to bring unsurpassed healthcare to the surrounding communities. Established in 2002, Liberty Healthcare Services was founded on the premise of providing a refreshing alternative in the home healthcare industry by creating an environment where the client and caregiver are treated with courtesy, compassion and consideration. Liberty Healthcare Services' goal is to create and provide a personalized hands-on approach to every aspect of running a traditional homecare agency. Kevin is involved in every facet of the organization while serving as Liberty's President.



*"Providing unsurpassed healthcare with a personal touch"*

**Homecare Services Available:**  
Certified Home Health Aides • Companions • Live-In  
Skilled Nursing Assessments • Private Duty

**Liberty Caregiver's Offer:**

Assistance for Daily Living • Bathing Assistance

Meal Preparation • Grocery Shopping

Doctor Visits/Errands

Daily Mental and Physical Assessments • Dental Care

Bed/Wheelchair Transfers

Light Housekeeping • Laundry & Linen Change

Medication Reminders

Demonstrates Competencies to Provide Care to Patients of All Ages

Respects the Rights, Privacy and Property of Others at All Times

Consistently Complies with Standards for  
Attendance, Absence, Privacy and Punctuality

Liberty Healthcare Services accepts many forms of payment for their services:

Private Payments • Medicaid • Long-Term Care Insurance

Jersey Assistance for Community Caregiving (JACC)

Caregiver Assistance Program (CAP) • HMO's • Veteran's Benefits

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Liberty believes that the caregiver and client are the backbone of any homecare organization. We are here to assist our communities in providing quality care and a great place to work. As a community resource, we will constantly pursue the enhancement of our services and determine ways to continue to provide unsurpassed healthcare with a personal touch.

[WWW.LHSHOMECARE.ORG](http://WWW.LHSHOMECARE.ORG)