



## You're Having WHAT for Dinner?



STEPHANIE HOPKINS  
CERTIFIED PERSONAL CHEF

for you, leaving a kitchen that smells great and a refrigerator and freezer full of delicious, home-made meals. Stephanie does all the cooking in your home, bringing all the supplies and equipment needed to prepare your pre-approved, customized menu with her. She uses fresh ingredients purchased on the cook day, and prepares meals based on each client's tastes and dietary needs. Stephanie has experience preparing meals for low-fat, low-sodium, and low-sugar diets as well as South Beach, Mediterranean, GenoType and other diet plans.



*Pizza from a professional chef? . . . YES! Chef Steph creates the most incredible HOMEMADE pizza down to the crust! She caters to the REAL family and makes sure the meals are healthy and delicious!*

Let us design a menu to custom fit your family.

Remember that each menu is customized to meet your needs. Perhaps you are looking for breakfast? Maybe a special dessert? No problem. Also, we won't repeat a menu option for at least six months, unless you want us to! Have a favorite family recipe? If you're willing to share it with us, we'll be happy to make it!

A commercial shows three women discussing their dinners from the previous night. The first two describe tasteless, boring dishes, while the third describes a mouth-watering entrée.

*Imagine . . .* coming home from work and having a meal waiting for you that has been made with delicious ingredients following your diet plan, perfectly portioned and ready to eat within minutes.

. . . Sounds much better than having to run to the grocery store and wait in line to pay, come home, start preparing the ingredients, cooking, and then finally being able to eat.

With Cutting Board Creations, you'll have time after work to relax, enjoy your meal, and get to your workout as well! You'll be able to brag to your friends the next day about the fantastic meal you enjoyed.

*Today's demanding careers and hectic family schedules place a premium on your free time.*

*Why spend it planning meals, shopping, and cooking?*

Just imagine...

- Having your next dinner party be completely stress free.
- Being able to spend time with your family and friends instead of cooking and cleaning up.
- Having gourmet, restaurant quality meals prepared for you in your own home.
- Having delicious and healthy meals any night you wish without the headache of planning, preparing or cleanup.
- Having more time to spend with friends and family, enjoying meals rather than being stressed about getting food on the table.



*Here is what Stephanie's clients are saying:*

*We have no idea how you make so many wonderful meals in a single day, but we are sure glad you do!*

*Chef Steph has provided me with varied menus of gourmet foods, which are healthy and easy to serve. The quality of the food surpasses any 5 star restaurants in the county.*

*We have lost 20 pounds and are saving money on groceries we used to throw away due to our busy lifestyle.*

*Stephanie was professionally trained at the Culinary Business Academy and is a Certified Food Safety Manager.*

*For more information on our services, references, and fees, contact Cutting Board Creations, LLC today.*

Great Gift For Any Occasion

Gift Certificate

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From \_\_\_\_\_

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CUTTING BOARD CREATIONS, LLC

(609) 841-8567

www.cuttingboardcreations.com



Cutting Board Creations LLC  
Personal Chef Service

**In Your Kitchen for a Day -  
Your Dinner Worries Melt Away!**

Celebrating 7 Years of  
Delighting our Clients!

www.cuttingboardcreations.com

chefsteph@cuttingboardcreations.com



Stephanie Hopkins  
Certified Personal Chef

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